

The Village at Marymount

Featuring Villa St. Joseph and Marymount Place

Founded by the Sisters of St. Joseph of the Third Order of St. Francis

Vol. 15 Issue 12

THE VILLAGER

December 2021

Community Events

ATTENTION:

DUE TO CMS GUIDELINES REGARDING SOCIAL DISTANCING; WE WILL HOLD SMALL GROUP ACTIVITIES ONLY. THE ACTIVITY DEPARTMENT WILL BE PROVIDING 1:1 ROOM VISITS, CONTESTS, SNACK CART AND MORE. THANK YOU FOR UNDERSTANDING



6 THINGS YOU DIDN'T KNOW ABOUT "THE NIGHT BEFORE CHRISTMAS"

"'TWAS THE NIGHT BEFORE CHRISTMAS, WHEN ALL THROUGH THE HOUSE NOT A CREATURE WAS STIRRING, NOT EVEN A MOUSE..."

ORIGINALLY A SIMPLE POEM WRITTEN BY BIBLICAL SCHOLAR AND PROFESSOR, CLEMENT CLARKE MOORE FOR HIS CHILDREN IN 1822, "THE NIGHT BEFORE CHRISTMAS" IS THE MOST WELL-RECOGNIZED, ICONIC HOLIDAY POEM IN AMERICAN POP CULTURE. HERE, A FEW THINGS THAT YOU MAY NOT KNOW ABOUT IT—INCLUDING A LONG-STANDING CONTROVERSY QUESTIONING AUTHORSHIP.

1. AFTER MOORE WROTE THE POEM HE NAMED "A VISIT FROM ST. NICHOLAS," HE READ IT TO HIS CHILDREN ON CHRISTMAS EVE. A FRIEND VISITING FROM UPSTATE NEW YORK WAS SO IMPRESSED, SHE SENT IT TO A NEWSPAPER EDITOR (WITHOUT PERMISSION) WHO PUBLISHED IT THE FOLLOWING YEAR.
2. THE POEM FIRST APPEARED UNCREDITED IN THE TROY SENTINEL ON DECEMBER 23, 1823.
3. DONNER AND BLITZEN WERE ORIGINALLY NAMED DUNDER AND BLIXEM. DONNER WAS ACTUALLY DUNDER'S SECOND NAME CHANGE—HE WAS ALSO CALLED DONDER.
4. FIRST ATTRIBUTED TO MOORE IN 1837, HE DIDN'T PUBLICLY CLAIM AUTHORSHIP OF "A VISIT FROM ST. NICHOLAS" UNTIL 1844 WHEN HE INCLUDED IT IN A BOOK OF POETRY.
5. AN ORIGINAL COPY OF THE POEM MOORE WROTE AND SIGNED FOR AN ACQUAINTANCE IN 1860 SOLD FOR \$280,000 TO A MANHATTAN CEO IN 2006 WHO LATER READ IT TO GUESTS—IN A PROTECTIVE PLASTIC SLEEVE—AT HIS HOLIDAY PARTY.
6. THE FAMILY OF MAJOR HENRY LIVINGSTON, JR., WHO DIED IN 1828, CLAIMED HE WAS THE REAL AUTHOR OF "A VISIT FROM ST. NICHOLAS," THOUGH THEY HAD NO PHYSICAL EVIDENCE. FOR DECADES THE DEBATE HAS EBBED AND FLOWED—MOST SCHOLARS BELIEVE MOORE IS THE AUTHOR, BUT SOME DON'T, LIKE VASSAR PROFESSOR DON FOSTER WHO WROTE A BOOK IN 2000 CLAIMING IT WAS LIVINGSTON, AFTER ALL, WHO PENNED THE CHRISTMAS CLASSIC.



[HTTPS://CELADONBOOKS.COM/6-THINGS-YOU-DIDNT-KNOW-ABOUT-THE-NIGHT-BEFORE-CHRISTMAS/](https://celadonbooks.com/6-things-you-didnt-know-about-the-night-before-christmas/)



Happy Birthday!



Continuing Care Unit

Helen Henyey
Esther Secreto

215 B
228 B

December 16th
December 16th

96 Candles
91 Candles

Memory Care Unit

Susan Scaglione
Joan Conn
Blondine Jones
Wilbur Connel

11
23
22
18

December 6th
December 7th
December 11th
December 27th

98 Candles
83 Candles
98 Candles
86 Candles

Marymount Place

Eunice Crowell-Rodgers
Coletta McNamara
Elizabeth Bradley
Frances Jerzak

312
310
124
320



December 4th
December 15th
December 30th
December 31st

80 Candles
96 Candles
74 Candles
95 Candles



CHRISTMAS WORD SEARCH



O	P	R	I	N	L	I	G	G	Q	Q	R	G	L	U	N	H	Z	E	F
C	H	Z	Q	E	J	A	O	R	E	I	N	D	E	E	N	R	T	L	Q
M	B	M	O	L	S	Z	T	V	W	U	P	O	B	N	D	T	T	V	V
N	H	N	J	O	L	L	Y	N	U	Y	E	N	M	I	H	C	C	E	U
X	P	M	N	P	P	S	F	I	A	G	K	A	C	L	Y	V	H	S	Z
D	L	A	E	H	X	C	E	L	B	S	F	P	G	C	E	Q	R	E	G
Z	O	M	N	T	H	E	D	A	Y	S	G	N	I	T	E	E	W	G	M
S	D	Z	I	R	V	T	Q	P	S	G	S	B	W	C	C	P	W	V	Q
P	U	I	Z	O	V	A	J	A	E	O	R	U	A	C	F	S	O	G	S
G	R	E	H	N	X	R	L	B	P	Y	N	N	H	R	S	O	I	L	M
B	N	Z	C	S	T	B	H	J	O	M	D	P	I	M	O	A	B	V	M
Y	M	I	S	T	L	E	T	O	E	Y	R	D	E	R	S	M	C	I	U
G	O	C	N	O	R	L	D	K	C	O	Q	O	N	R	T	T	W	N	B
W	K	Y	Q	C	Z	E	J	A	G	O	V	T	D	R	Y	S	D	G	Q
L	O	R	T	K	L	C	N	I	C	G	P	N	R	Y	L	I	N	X	S
J	N	X	J	I	R	E	F	B	A	V	A	P	J	E	H	R	D	C	Z
X	L	W	O	N	H	T	A	E	R	W	V	I	I	L	E	H	A	Y	E
W	L	R	D	G	Z	G	Y	L	D	J	C	G	N	X	E	C	M	B	O
M	Y	A	D	I	L	O	H	L	S	U	H	J	A	W	N	Z	A	M	J
I	X	P	D	B	T	V	H	S	K	M	W	S	E	L	D	N	A	C	U

BELLS
CANDLES
CANDY CANE
CARDS
CELEBRATE
CHIMNEY
CHRISTMAS

RUDOLPH
SANTA
SEASON
SLEIGH
STOCKING
TREE
WREATH

ELVES
FROSTY
GIFT
GIVING
GREETINGS
HOLIDAY
JOLLY

JOY
MERRY
MISTLETOE
NOEL
NORTH POLE
REINDEER



Greetings from the Sisters of St. Joseph, TOSF

We are observing the 1st week of Advent, a journey to Christmas, to the birth of Jesus in a manger, at midnight, in the freezing cold... Are these the thoughts we carry in our hearts, or are there others stepping out in front of our joy? Are we trying to be "done" with the tribulations that have been part of the pandemic? Does it feel like every time we make plans to gather with loved ones and enjoy the company of friends another warning comes that it's not yet safe to do so? Is there sadness lingering in our hearts because of the loss of loved ones? Have we been touched by the shortage of everything from basic supplies to extra gifts to enough employees to keep stores, restaurants and businesses open?

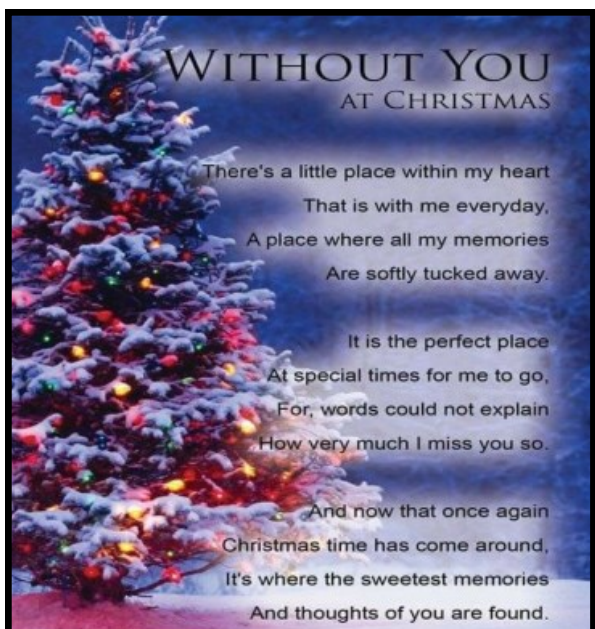
Can these struggles be woven into a fabric of how the days leading to Christmas can still bring a joy-filled and beautiful celebration? Think about it ... were the things confronting Mary and Joseph before Jesus' birth convenient? Was his birth in a manger what they had looked forward to? Did they even have a clue that they wouldn't be able to return home with their baby? Yet they were joyful and celebrated with angels and wise men and each other. They made the best of what could have been a total disappointment. They did without what simply was not there for them. They knew they were doing what God had orchestrated no matter what "their plans" had been. What looked like a disaster was a success of such magnitude we continue to celebrate it all these centuries later!

The Joy of the Lord

*The joy of the Lord will be my strength;
I will not falter, I will not faint.
He is my Shepherd,
I am not afraid;
The joy of the Lord is my strength.*

Perhaps our prayer should be for the ability to set aside our own expectations and open our hearts to the joy of what God has planned for this Christmas!

Let's pray for each other and enjoy what comes – it just might be Jesus!!



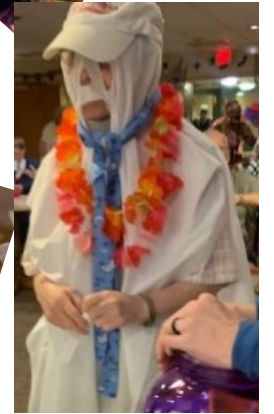
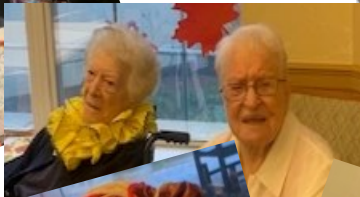
Need something more meaningful?

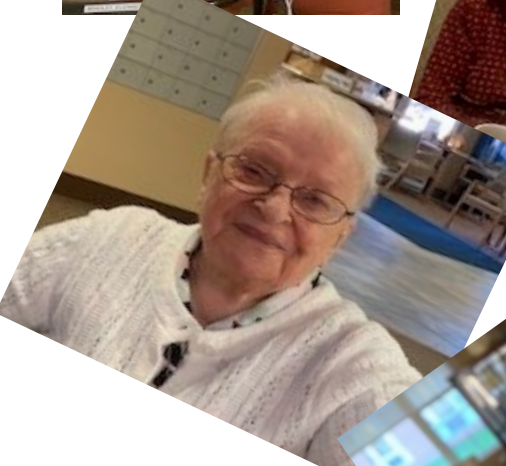
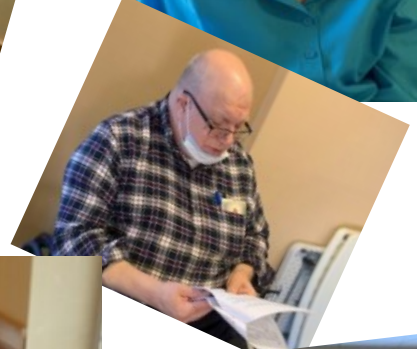
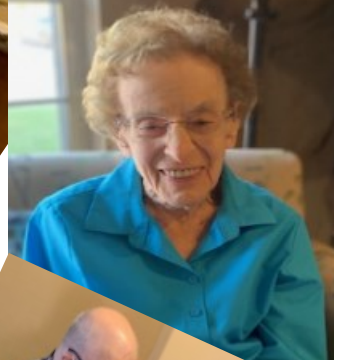
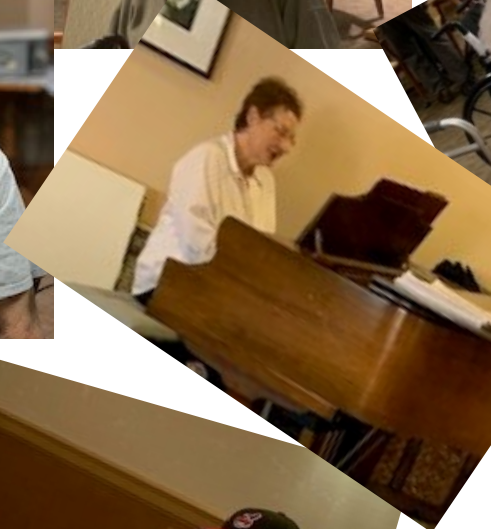
Bored? Have time to spare? Want to help? Are you vaccinated?
Want to make an impact? Desire new friendships?

Call Roslyn in Activities at (216) 332-1694 or email rmullen@marymounthcs.org for more details

Let Us Remember.....

Ted Blanda	Mildred Kumor	Hanna Kessler	John Kipfstuhl	Joseph Blaha
Nancy Lee Braham	Phyllis Tilden	Sr. Lucia Bucholtz	Joan Fuglewicz	Suzanne Horvath
Jeanne Deininger	Sr. Madeline Antoskiewicz	Mary Ann Snyderwine	Sr. Edith Gorski	Eleanor Lockitski
Sr. Geraldine Deininger	Eugene Kotowski	Helen Malisiak	Peter Brown	Julia Rispoli
Salvatore Salupo	Sr. Mary Peter Slawinski	William Uransky	Robert Lynch	Ethell Powers
Carl Horvath	Dorothy Fechko	Bernadette Seme		

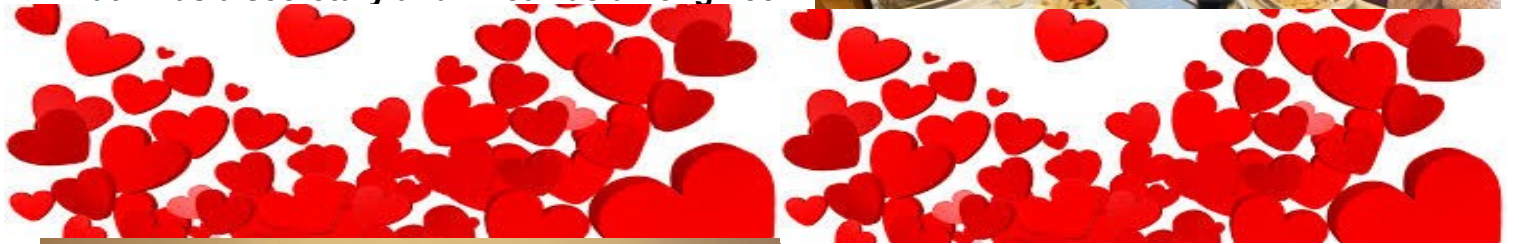




Married Residents In The News!

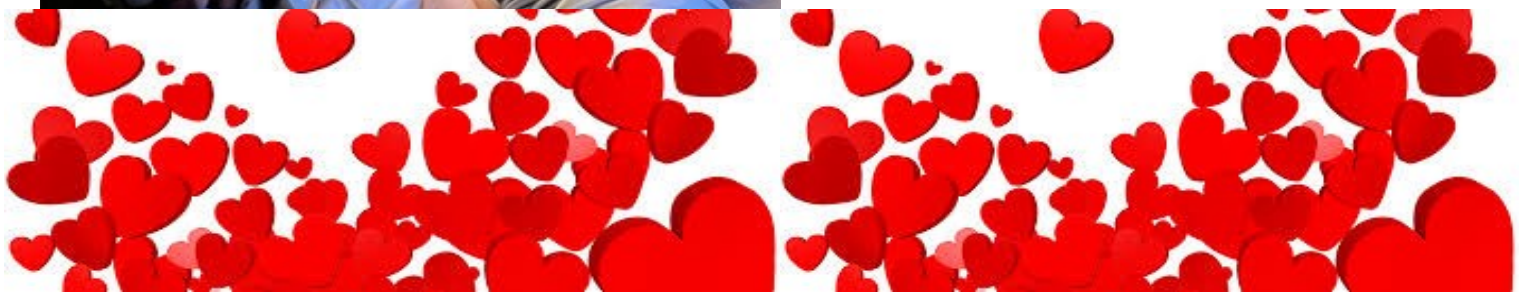
Chester and Ruth Balewski

- ◆ Met in grade school
- ◆ Married for 64 years, August 31, 1957
- ◆ Have 3 children
Rebecca, Mathew (passed away) and Mark Joseph
- ◆ Lived in Garfield Heights
- ◆ Ruth was a secretary and Chet was an engineer



Ralph and Elizabeth Fisher

- Meet at Elizabeth's Mom's Sandwich Shop
- Married for 64 years
- Have 4 children
Gina, Romey (passed away), Kenny and Dave
- Lived in Maryland and Ohio
- Elizabeth was a sandwich maker and Ralph was a toolmaker for Chrysler



Jerome and Irene Semancik

- * Meet in 1961
- * Married for 56 years, June 10, 1965
- * Have 5 children
Monica, Steve (passed away), Jennifer, Michael and Jeff
- * Lived in Cleveland and Newburgh Hts
- * Irene was a waitress at Bob Evans and Jerome was a Truck driver



Nursing Notes

Editor's Note: This article is courtesy of AccuWeather

There's no way around it folks. Winter weather has arrived, and it poses many hazards.

The Centers for Disease Control (CDC) says winter weather kills more than twice as many Americans as summer heat. If you keep yourself aware of the increased risk cold weather brings and understand the most common types of winter accidents, then you can take steps to avoid them and stay safe.

Slips and falls on ice are a large part of the increase in emergency room visits, said Dr. Erick Eiting is the vice-chair of operations for Emergency Medicine at Mount Sinai-Downtown Hospital in New York City. Dr. Eiting said winter is a busy time in the emergency rooms nationwide.



"Sometimes when we get a lot of snow underneath that snow can actually be ice, so we don't often actually appreciate how slippery the ground is," Dr. Eiting said.

Dr. Eiting regularly sees sprains, strains and even broken bones related to slippery, wintry weather, particularly in elderly people.

"The older we get, the more likely we are to develop conditions like osteoporosis, which means that when we do fall, it makes it more likely that our bones would get injured or even break," Dr. Eiting said. "The other piece too is that as we get older our balance and our ability to control ourselves when we're on something like snow or ice is much more limited, so that too can make us much more susceptible to falling."

Approximately 1 million Americans are injured annually because of falling on ice and snow. About 17,000 of these falls are fatal, the CDC says. A lot of these deaths are avoidable. Stay aware of freeze and thaw cycles, don't text while walking, and walk on the grass when you can. Always treat slippery spots with ice melt, and if you have a family member with a cane or walker, make sure it has rubber feet.

As the mercury goes down, ER visits also go up because of the flu," Dr. Eiting said. "Because the humidity changes a little bit and our body adjusts in the wintertime, it does make us more susceptible to the flu and other flu-like illnesses, and so that, with the COVID situation, really just kind of compounds things in this winter season."

It may surprise you to learn that snow shoveling is responsible for causing illness and even death during the winter. A Nationwide Children's Hospital reports about 100 people die each year after snow shoveling triggered a heart attack.

"When you're shoveling snow, people don't often appreciate how much of an exertion it is that you're putting on your body, especially when we're talking about large amounts of snow and you're spending a long time out in the cold," Dr. Eiting said. The effort involved in shoveling snow increases a person's heart rate while the cold air causes arteries to constrict. "You really just need to be sure that you're being careful, that you're taking breaks, that you're coming inside and not spending too much time out in the cold -- and that you're not overdoing it."

If you develop chest pain or shortness of breath after doing strenuous work in the cold, like shoveling snow, go to the emergency room immediately. "That sometimes can be a warning sign that you're about to have something serious happen in your heart, and you really need to be in a setting like an emergency room to be properly evaluated for that."

Lastly, winter sports account for a large portion of trips to the emergency room. More people are hurt while snowboarding than any other outdoor activity. According to the CDC, snowboarding injuries account for a quarter of emergency room visits.



5 TIPS FOR SHOVELING SNOW SAFELY

Shoveling snow is hard work, stay safe

1. Keep up with the storm
2. Push don't lift
3. Wear breathable layers
4. Wear good boots
5. Stay hydrated

FIND OUT MORE ABOUT PROFESSIONAL SNOW MANAGEMENT AT WWW.SIMA.ORG





Christmas Word Scramble

EHESPRHD

LNGEA

ENSRTOANM

RSMHCIATS

NADYC ANEC

TRAS

LACRO

NTUESTCH

WSNO NMA

AMGRNE

SNTCIGOK

SJUSE

GSHLIE

HRAWTE

LDUHRPO

YRSFTO

ECIOKO

VLESE

STMEOELTI

IEDERENR

TASAN

LOLYJ

UPNDGDI

GERBNIDREGA

DYLIAOH

FTGIS

CFEURTIK

ETRE
