



The Village at Marymount

Featuring Villa St. Joseph and Marymount Place

Founded by the Sister of St. Joseph of the Third Order of St. Frances

Vol. 15
Issue 9

THE VILLAGER

SEPTEMBER
2021

Community Events

ATTENTION:

DUE TO CMS GUIDELINES REGARDING SOCIAL DISTANCING; WE WILL HOLD SMALL GROUP ACTIVITIES ONLY. THE ACTIVITY DEPARTMENT WILL BE PROVIDING 1:1 ROOM VISITS, CONTESTS, SNACK CART AND MORE. THANK YOU FOR UNDERSTANDING



SISTERS CELEBRATE 120TH ANNIVERSARY OF FOUNDING – JULY 1, 1901

THE SISTERS OF ST. JOSEPH OF THE THIRD ORDER OF ST. FRANCIS WERE FOUNDED 120 YEARS AGO IN STEVENS POINT, WISCONSIN BY A COURAGEOUS GROUP OF SCHOOL SISTERS OF ST. FRANCIS. THEY LEFT A RELIGIOUS ORDER IN MILWAUKEE FOUNDED TO TEACH GERMAN IMMIGRANTS IN ORDER TO RESPOND TO A GROWING NEED FOR SISTERS TO TEACH POLISH IMMIGRANTS. AT THE TIME THEY WERE LABELED AS REBELLIOUS AND AS DISOBEYING THEIR VOW OF OBEDIENCE, BUT THEY FELT THEY WERE COMPELLED TO RESPOND TO THE QUESTION, “WHO WILL TEACH THESE CHILDREN IF WE DON’T?” GOD BLESSED THEIR COURAGE AND GENEROSITY OF SPIRIT AND DESTINED THEM TO RESPOND TO UNMET NEEDS FOR 120 YEARS! WITH A GROWING LEGACY OF TEACHING, NURSING, PARISH AND MISSIONARY WORK, AND SEEKING TO ALLEVIATE PRESSING SOCIAL NEEDS, THE SISTERS TRAVELED TO MULTIPLE STATES AND GREW TO HAVE THREE PROVINCIAL HOMES (WISCONSIN, ILLINOIS AND OHIO) AND A MOTHERHOUSE IN SOUTH BEND, INDIANA. AT THEIR PEAK IN THE 50S AND 60S THEY ORDER HAD OVER ONE THOUSAND TWO HUNDRED MEMBERS.

SINCE 1908, WHEN THEY ARRIVED IN OHIO, THE SISTERS ALSO SLOWLY AND METHODICALLY FOUNDED AND DEVELOPED THE 50+ ACRE MARYMOUNT INTERGENERATIONAL HEALTH AND EDUCATION CAMPUS WHICH PROVIDES SERVICES TO THOUSANDS EACH YEAR. IT CONSISTS OF THE CONVENT, MARYMOUNT CHILD AND INFANT CARE AND PRE-SCHOOL, TRINITY HIGH SCHOOL, CLEVELAND CLINIC MARYMOUNT HOSPITAL, AND OUR VILLAGE AT MARYMOUNT SENIOR CARE COMMUNITY.

WITH THE CHANGING TIMES AND GROWING PERSONAL AND PROFESSIONAL CHOICES AFFORDED TO WOMEN, THE SISTERS NUMBERS WERE AFFECTED AND THEY GREW TO ESTABLISHING STRONG COLLABORATIONS WITH TALENTED LAY MEN AND WOMEN WHO CHOSE TO HELP THEM CONTINUE THEIR VARIOUS MINISTRIES WHILE GROWING THE FRANCISCAN SPIRIT THE SISTERS HAD BROUGHT TO ALL OF THEM. TODAY, THERE ARE OVER 30 SISTERS OF ST. JOSEPH, TOSF IN RESIDENCE AT VARIOUS CARE LEVELS IN OUR VILLAGE AT MARYMOUNT COMMUNITY, ANOTHER 24 LIVING IN THE CONGREGATIONAL HOME AND 20+ LIVING AND MINISTERING IN THE GREATER CLEVELAND AREA.

WE TAKE TIME TO CONGRATULATE AND THANK THE SISTERS DURING THIS ANNIVERSARY YEAR. THEY ARE AN EXCELLENT EXAMPLE OF WHAT GOD CAN ACCOMPLISH THROUGH THOSE WHO FAITHFULLY LISTEN AND RESPOND TO HIS CALL TO SERVE HIS PEOPLE. WE ARE BLESSED TO MINISTER SIDE BY SIDE WITH THEM AND TO LIVE AND SHARE LIFE WITH THEM

CONGRATULATIONS SISTERS – YOU LOOK GREAT AT 120 YEARS! STOLAT!

Happy Birthday!

Continuing Care Unit

Julia Rispoli	208	September 27 th	94 Candles
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Memory Care Unit

Bernadette Seme	15	September 10 th	89 Candles
Marymount Place Assisted Living			
Paul Chuha	221	September 4 th	83 Candles
Alvin Brooks	118	September 8 th	104 Candles
Sr. Barbara Ennis	334	September 9 th	75 Candles
Sr. Marjorie Szydlo	229	September 23 rd	87 Candles



A 'Peaceful, Spiritual Presence'

Father Ted Haag Bids Farewell To The Village at Marymount

With a heavy heart, staff Father Ted Haag has decided it is time for him to conclude his ministry as chaplain at The Village at Marymount.

Father Ted conclude his ministry at The Village at Marymount on Friday, August 13. Well-wishers included staff and residents who took part in a potluck luncheon in Father Ted's honor.

"I want to assure you that this has not been an easy decision to make," Father Ted said. "I will admit that I have been considering this move for some time. In these past years, after becoming pastor at Transfiguration Parish, it certainly has been a challenge for me to balance both ministries – much more so than I expected."

Father Ted said several challenging and personal family matters have contributed to the feeling that he no longer has the energy to continue both ministries.

Father Ted conveyed his gratefulness toward Sister Mary Alice Jarosz, Director of Mission Integration, for inviting him to accept and take up the ministry at The Village at Marymount. He also appreciates Sister Mary Alice's ongoing guidance and friendship which has provided support to him during his ministry.

"Father Ted has brought a peaceful, spiritual presence to our campus and he will be missed," said Executive Director Sue Nall. "We are thankful he chose to be here with us, especially during this last year-and-a-half during the pandemic."



Greetings from the Sisters of St. Joseph, TOSF

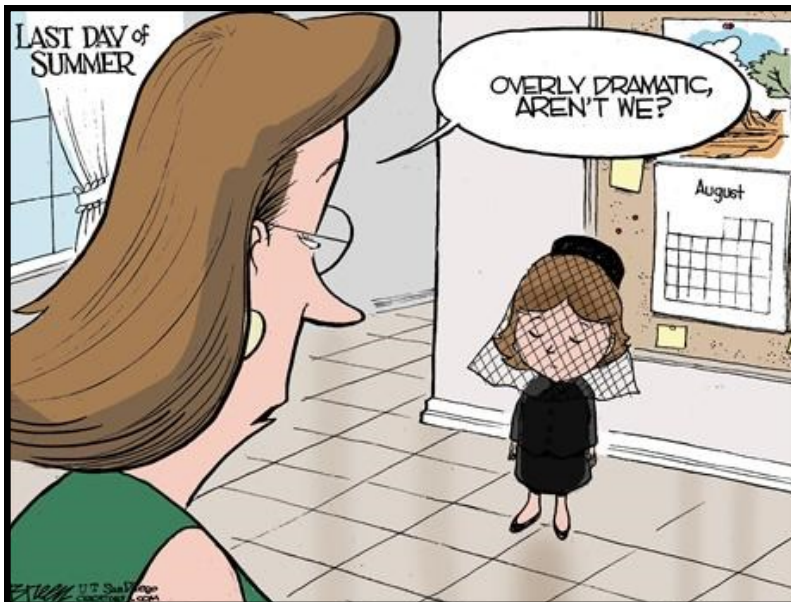
It's a good thing God never gives us more than we can handle, isn't it?! In June we all worked to be ok with the leave-taking of Peggy Mathews who had been administrator of Marymount Place since 1988. In August we said good-bye to Fr. Ted Haag, OFM as he completed 7 years of ministry with us as Chaplain and did his leave-taking. These are good things for both of them and yet it isn't easy to smile and be happy when we know how much we will miss them. The question is – do we truly believe God will fill the voids they leave behind?

Actually, we have handled “leave-takings” and good-byes our entire lives. The good news is remembering how many really good people we've known and spent time with. Just as when we ourselves have moved away from or left one good situation to go to another – we truly know change is always going to happen and it points the way for new and fresh developments. God continues to be good to us and helps us learn to treasure the gifts of friendship. Who we are becomes a reflection of all the good people we've been blessed to know. When we can share “God-moments” with friends we become more God-like too.

And, finally, don't forget it's our God who creates the “magic moments for all this to happen!

Let's all work diligently to get to the “heart” of all the people who are currently in the circle of our lives. When we do, together we will find another beautiful facet of God and perhaps some new ways to be closer to God than ever!!!

We pray the God who loves us and is so Good will make it so – Amen!

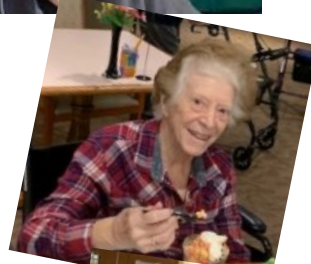
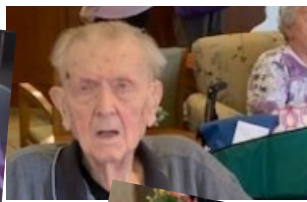
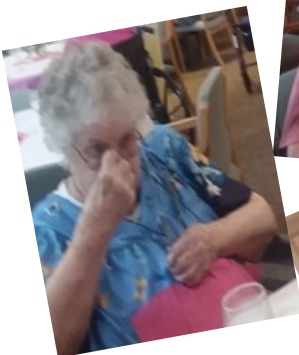
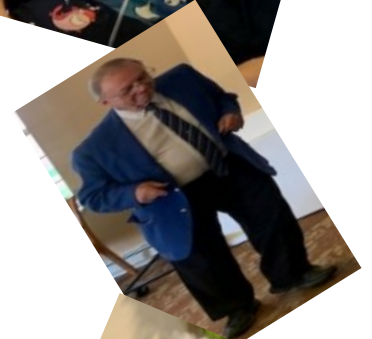
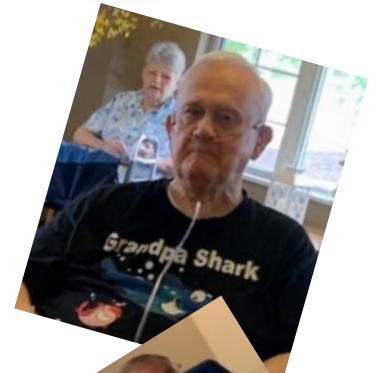
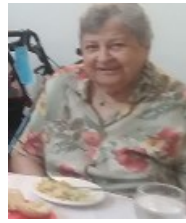
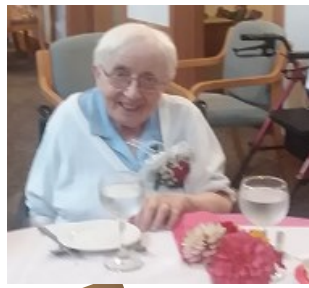


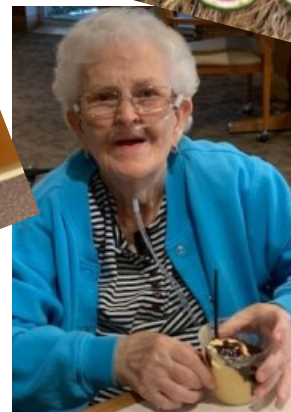
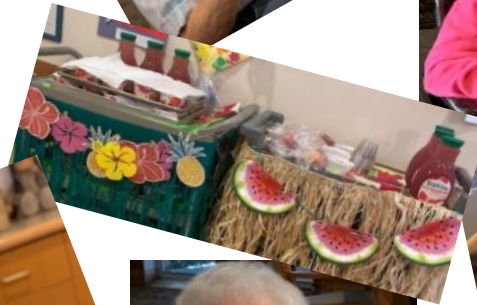
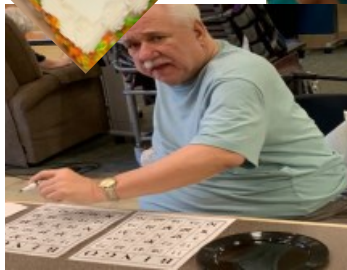
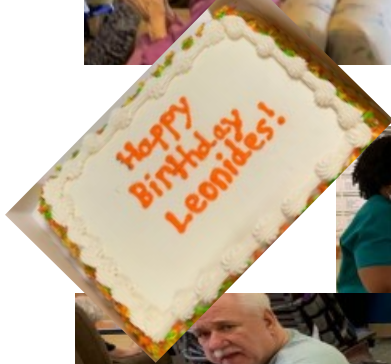
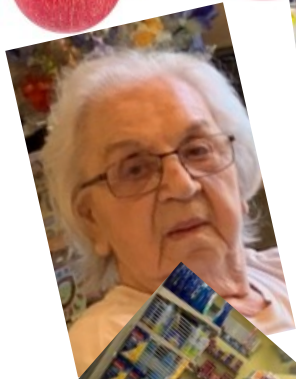
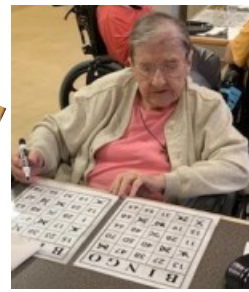
Riddles

Forward and forward I go,
never looking back. My limit
no one knows, more of me do
they lack. Like a river I do
flow, and an eagle I fly. Now
can you guess, what am I?

Answer: Riddles.com/760

Answers :
Split Words—Fruits:
APPLE, ORANGE, BANNA, LEMON, WATERMELON, STRAWBERRY, LIME, PINEAPPLE,
MANGO
Riddle:
Time. I am Time.







Apple Cider Vinegar: Can It Keep You Healthy?

An apple a day may keep the doctor away, but what about a shot of apple cider vinegar? Apple cider vinegar has been hailed as a cure-all dietary supplement, with health benefits ranging from relief from allergy symptoms to helping the body burn fat and lose weight. Proponents of the health benefits of apple cider vinegar cite testimonials from people who believe that drinking apple cider vinegar has helped them, but is there any evidence to back up these claims? Not really. While a few studies have been conducted on the possible health benefits of apple cider vinegar, the number of people in these studies is typically small, and the evidence is not yet convincing.

Sorting Out Health Benefits of Apple Cider Vinegar

- **Weight loss.** The idea that apple cider vinegar somehow speeds up fat loss is altogether a myth. There is no evidence to suggest that apple cider vinegar can affect metabolism, which is the way an individual breaks down food and burns calories.
- **Cholesterol.** One study found that rats on a diet with an acetic acid supplement had lower cholesterol levels than rats without the acetic acid supplement. Acetic acid is one of the ingredients in apple cider vinegar and many other kinds of vinegar. For those who believe in the health benefits of apple cider vinegar, this study is promising. But there are other things to consider before assuming that the findings will be true in humans — primarily that there are key differences between the metabolism of rats and humans. The study authors recommend that the next trial be on hamsters, which break down fat in a way that is more like humans.
- **Diabetes.** A few studies have found that apple cider vinegar helped in the management of diabetes; however, these studies are also limited by their small size. One study, which found that taking vinegar at bedtime reduces blood sugar levels the next morning in people with type 2 diabetes, examined only 11 people. Another study found that taking cider vinegar might have some effect on insulin sensitivity in some diabetes patients, but that research, too, was limited by the small number of people being studied. Although there is not currently good scientific evidence for a health benefit of apple cider vinegar, this may change in the future. Researchers are still involved in some exciting research about apple cider vinegar, and the future is likely to bring better information.



WHAT'S HAPPENING!!



John G. See

Sept 14th at 2pm

LIVE
MUSIC &
Vocal

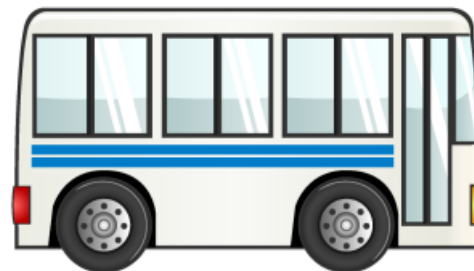


Lolita Jones
September 4th at 2 pm



Dwane Carson

Sept 18th
at 2 pm



Shopping on
select
Tuesdays
Refer to
monthly
calendar for
dates

Need something more meaningful?
Want to help? Have time to spare?
Bored? Want to make an impact?
Desire new friendships? We need you

Call Roslyn in Activities at
(216) 332-1694 or email
rmullen@marymounthcs.org
for more details.

**VOLUNTEERS
NEEDED!**

Sponsorships Available For 2021 Gala

The Village at Marymount's 12th annual Celebration of Life Gala is on Friday, September 24, 2021, at Embassy Suites by Hilton Cleveland-Rockside in Independence. This gala will combine a live and interactive live stream element.

Sponsorship opportunities and tickets are available at www.thecelebrationoflifegala.org, or by calling Ron Hollowell at 216-332-1751.

Like so many in the Cleveland area, we are excited to go "live" again and hope that donations to our event will help create more business for you too! Helping each other can help us all continue to re-create a "Cleveland Strong" flourishing community after such a difficult and trying year of COVID.

We need items for our Live and Silent Auctions and appreciate any items you can provide to us. Your business will receive terrific exposure among our guests -- and free acknowledgement throughout our live event, on our social media platforms leading up to the gala, plus in our 2021 Annual Report.

The Village at Marymount was founded by the Sisters of St. Joseph of the Third Order of St. Francis. We are a faith-based Continuing Care Community offering Assisted Living, Skilled and Rehabilitation Nursing, and Memory Care neighborhoods.

We are a 501(c)(3) corporation, federal ID number 20-5652595. Your donation is tax deductible. A member of our committee can stop by your business and pick up your donation, or you may send it to:

The Celebration of Life Gala Committee
c/o Ron Hollowell, The Village at Marymount
5200 Marymount Village Drive
Garfield Heights OH 44125



THOSE WE *love*
DON'T GO AWAY, THEY
WALK BESIDE US
every day.
UNSEEN,
UNHEARD, BUT ALWAYS NEAR,
STILL *loved,*
STILL *missed*
AND FOREVER *dear.*

Sr. Constance Szymadera
Jeanne Deininger
Grace Franduto
Mary Ann Snyderwine
Dorothy Fechko
Edith Gorski
Eleanor Lockitski
Sr. Geraldine Deininger
Eugene Kotowski
Helen Malisiak

SPLIT WORDS - FRUITS

Each section below contains one half of a word. Your task is putting them together to form words, all types of fruits. There is a total of 9 words. Write the words on the spaces provided.

LE	WATER	STRAW	PINAP	ORAN	PLE
BERRY	LI	APP	ON	ME	MELON
BANA	GE	MAN	NA	LEM	GO

Resident in the news!

- ◆ Birthday: Dec 12, 1947
- ◆ Born in Cleveland, OH
- ◆ Married to Curtis (deceased) for 16 years
- ◆ Has 1 daughter and 3 sons
- ◆ Occupation:
25 Years of Service
Post Office
- ◆ Favorite color is blue
- ◆ Favorite food is chicken wings
- ◆ Favorite dessert is carrot cake
- ◆ Elizabeth's favorite quote: "Treat people the way you want to be treated"



Elizabeth Bradley

Did you know September has food holidays?

SEPTEMBER FOOD HOLIDAYS

- 1- National Gyro Day
- 3- Birthday of Afternoon Tea Inventor
- 4- National Macademia Nut Day
- 5- National Cheese Pizza Day
- 9- Wiener Schnitzel Day
- 10- TV Dinner Day
- 11- National Hot Cross Bun Day
- 12- National Chocolate Milkshake Day
- 13- National Peanut Day
- 14- Eat a Hoagie Day
- 14- National Cream Filled Donut Day
- 15- National Linguine Day
- 16- National Guacamole Day
- 17- National Apple Dumpling Day
- 18- National Cheeseburger Day
- 19- National Butterscotch Pudding Day
- 22- National Ice Cream Cone Day
- 23- National Key Lime Pie Day
- 23- National Great American Pot Pie Day
- 26- National Pancake Day
- 27- National Chocolate Milk day
- 28- Strawberry Cream Pie Day